



WHAT is an Employee Assistance Program?

The Employee Assistance Program (EAP) provides free, confidential, professional assistance to help employees and their families resolve problems which may affect their personal and professional lives.

WHERE is the EAP office located?

4514 South 67th Street. The EAP office is located on the east side of the building. Ample parking is available.

HOW does the EAP work?

The request for help may be made by calling 593-1711 to schedule an appointment. All Employee Assistance Program records of staff members seeking assistance will be kept confidential and will not be included in the staff member's personnel file. A 24-hour answering service is available nights and weekends by calling 593-1711.



WHAT kind of problems can be taken to EAP?

Anything which affects one's personal and professional life. The EAP staff are trained, seasoned professionals in the mental health field. They are ready to help individuals experiencing a variety of personal problems, financial and legal worries, emotional concerns and problems caused by alcohol and drug abuse.

WHAT kind of Counseling is available from EAP?

EAP is intended to serve as a liaison between staff and qualified, affordable referral sources in the Omaha area. EAP is not designed to provide ongoing counseling or treatment services. EAP will provide the initial assessment and motivational counseling and will determine the best course of action to resolve the problem. If further assistance is necessary, EAP will recommend a suitable referral source. Consultation and follow-up will be available as needed for 3-12 months.



WHY is EAP needed?

Professional and support staff play significant roles in maintaining positive learning environments for children in the district. Staff are human and are subject to a wide range of personal problems which may negatively affect job performance. Usually staff can work problems out independently. Sometimes these problems may become too big to handle and they affect one's personal happiness, family relations, performance at work and health. When this occurs, one may need professional help. Without proper attention, these problems may become worse and lead to unpleasant and expensive results.

WHO will pay for additional counseling?

EAP services are free to employees and family members. If additional help is recommended, the employee's health insurance and/or other benefits will be considered. Referrals made for outside counseling will be made with the client's financial situation in mind.